



Multidimensional complexity of natural complex substances: the case of essential oils

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Natural complex substances from plants



Citrus $\xrightarrow{\text{Cold pressure}}$ EO



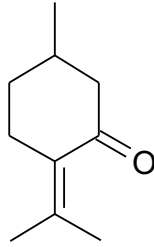
Plant $\xrightarrow{\text{Distillation}}$ EO



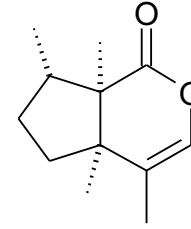
Plant $\xrightarrow{\text{Extraction}}$ Extract

Hydrodistillation
Steam distillation

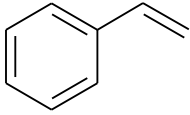
Chemical diversity found in EO



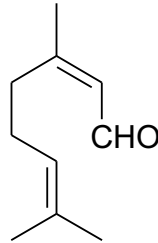
Pulegone



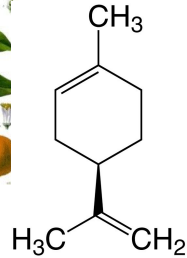
Nepeta lactone



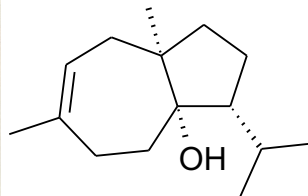
Styrene



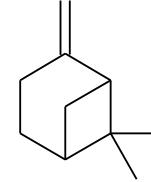
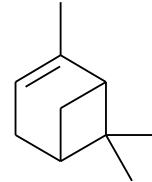
Citral



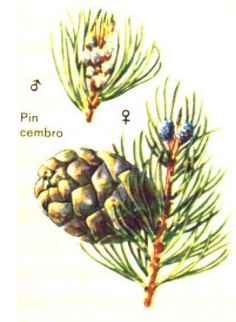
Limonene



Carotol



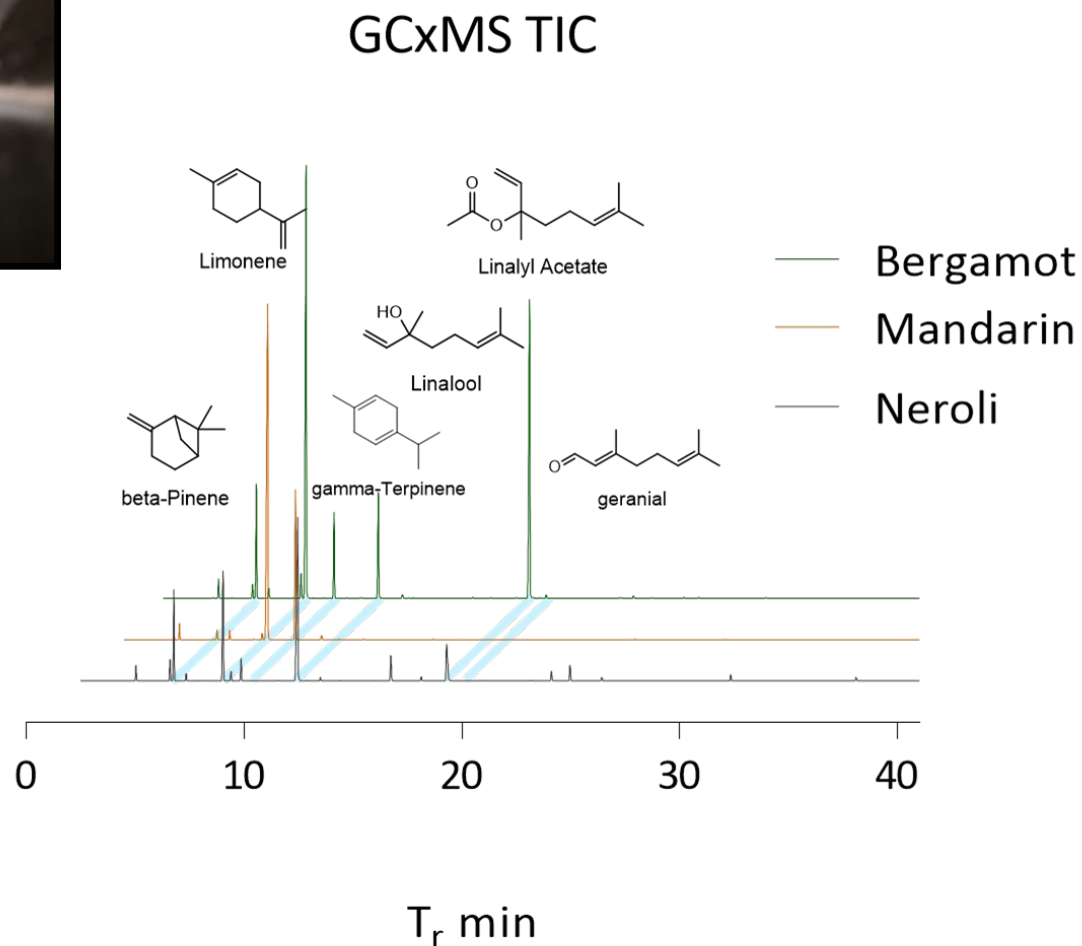
Pinenes



Complexity of composition

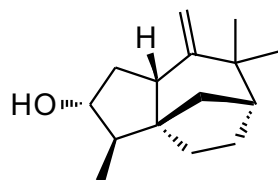
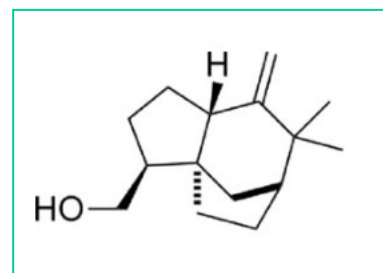
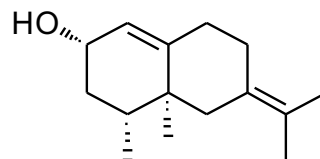
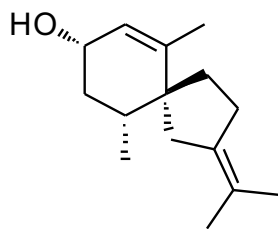
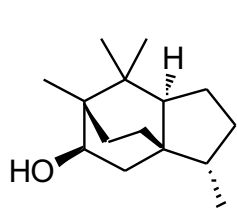


Citrus $\xrightarrow{\text{Cold pressure}}$ EO

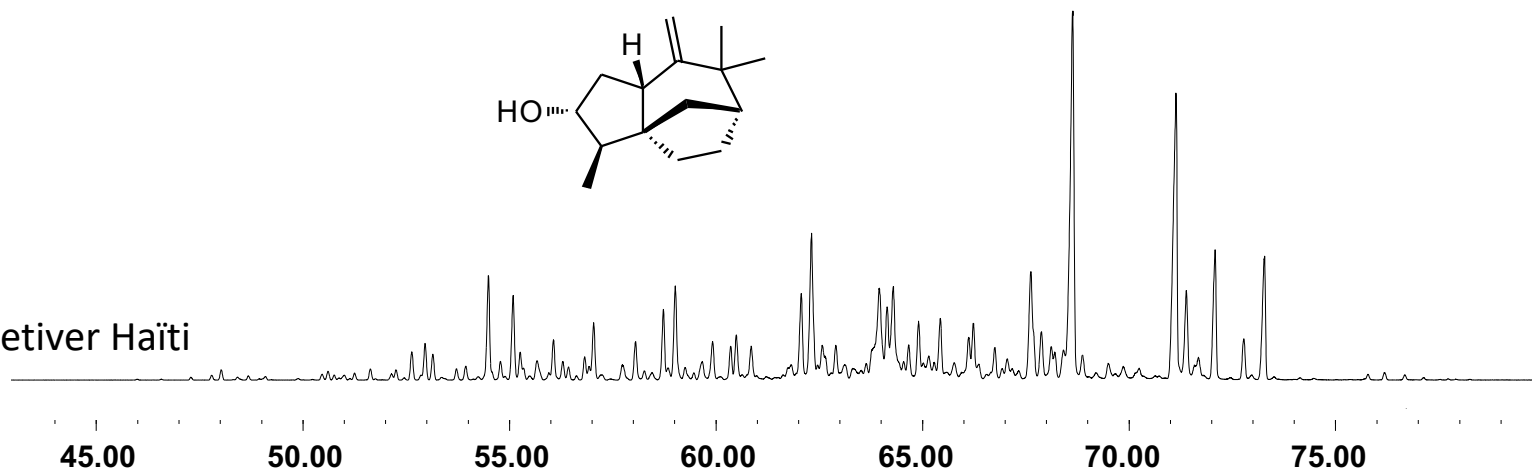


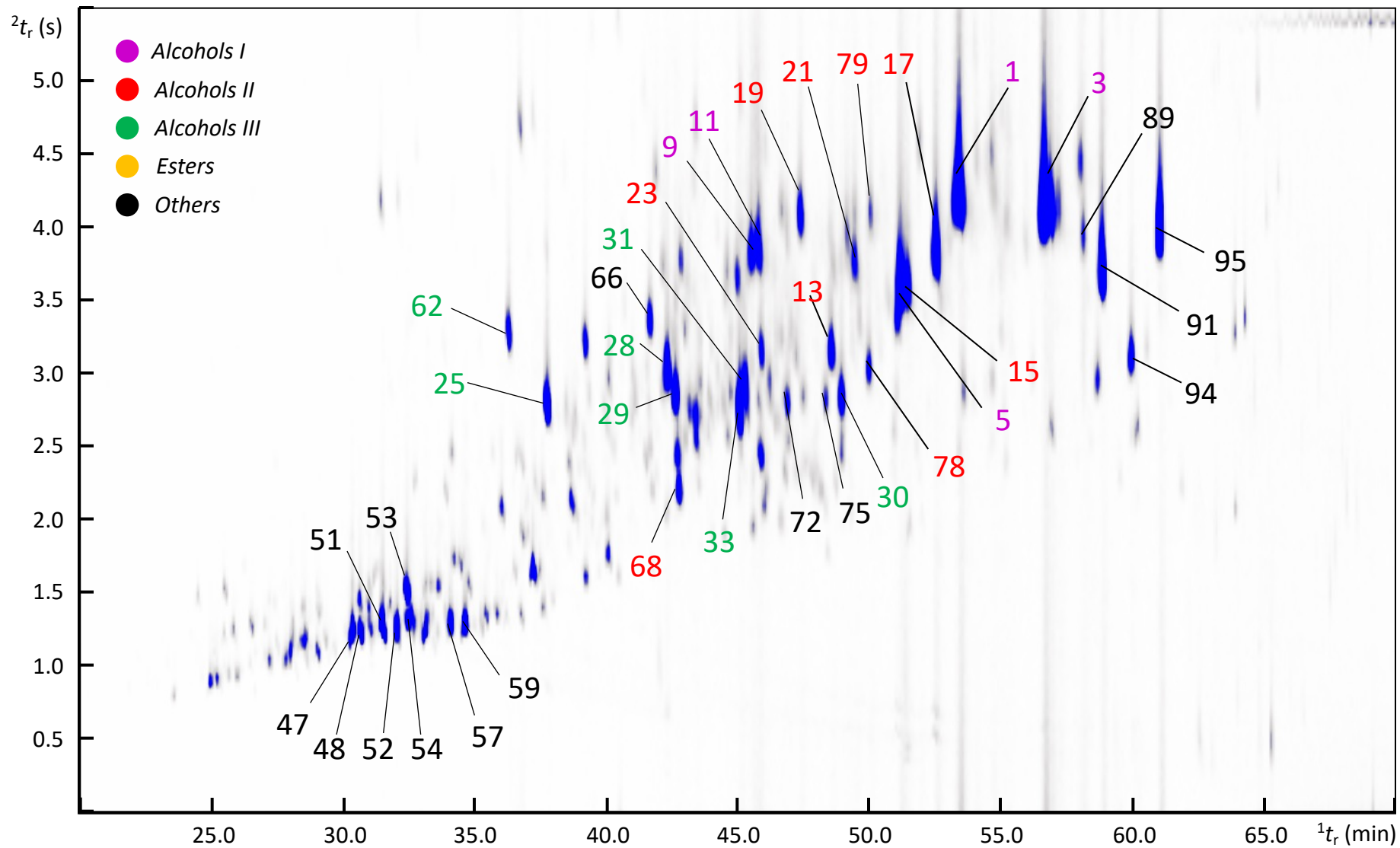
Complexity of composition

Monodimensional GC/MS SQP



EO vetiver Haïti





EO Vetiver Haiti – GCxGC-MS TQP: **better resolution + better sensibility**

Complexity of natural variability

Botanical

- Species
- Subspecies
- Hybrids
- Cultivars

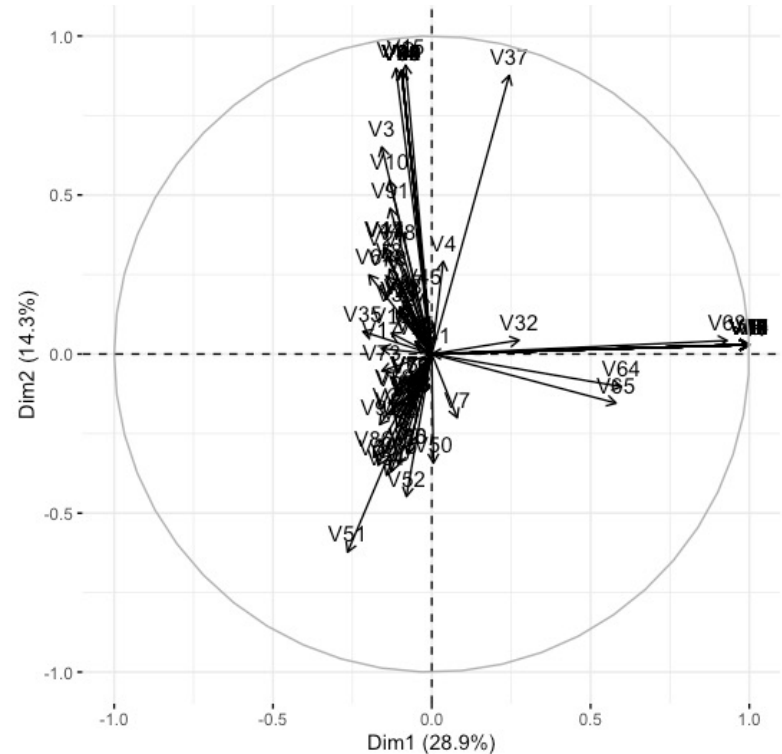
Geographical origin

- **Chemotypes**

Climate

Agricultural practices

Technical variations



Statistical analysis (PCA) of the chemical composition (96 variables) for 14 essential oils of *Ocimum gratissimum*.



Complexity of properties

CASE OF ROSE ESSENTIAL OIL

GC/FID, selection of compounds from more than 200

Components	<i>R. Centifolia</i> 2021	<i>R. Damascena</i> 2020
Linalool	1.03	0.85
<i>cis</i> -Rose oxide	0.07	0.44
Phenylethanol	0.09	1.04
<i>trans</i> -Rose oxide	0.04	0.10
Citronellol	9.22	25.45
Nerol	4.36	9.95
Geraniol	17.6	21.44
Eugenol	0.74	0.91
Methyleugenol	0.56	1.36
Heptadecane C17	1.07	2.22
Nonadecane C19	8.10	14.64
Heneicosane C21	6.31	5.00
Tricosane C23	5.90	0.84
Pentacosane C25	2.86	0.20
Rose furan	<0.2	<0.2
β -damascenone	<0.2	<0.2
β -ionone	<0.1	<0.1

Complexity of properties

CASE OF ROSE ESSENTIAL OIL

GC/FID, selection of compounds from more than 200

Components	<i>R. Centifolia</i> 2021	<i>R. Damascena</i> 2020	<i>R.</i> <i>Damascena</i> >1% (=81%)
Linalool	1.03	0.85	-
<i>cis</i> -Rose oxide	0.07	0.44	-
Phenylethanol	0.09	1.04	1.2
<i>trans</i> -Rose oxide	0.04	0.10	-
Citronellol	9.22	25.45	31.4
Nerol	4.36	9.95	12.3
Geraniol	17.6	21.44	26.4
Eugenol	0.74	0.91	-
Methyleugenol	0.56	1.36	1.7
Heptadecane C17	1.07	2.22	2.7
Nonadecane C19	8.10	14.64	18.0
Heneicosane C21	6.31	5.00	6.2
Tricosane C23	5.90	0.84	-
Pentacosane C25	2.86	0.20	-
Rose furan	<0.2	<0.2	-
β -damascenone	<0.2	<0.2	-
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Complexity of properties

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Linalool	1.03	0.85	-	1.0
<i>cis</i> -Rose oxide	0.07	0.44	-	3.3
Phenylethanol	0.09	1.04	1.2	0.016
<i>trans</i> -Rose oxide	0.04	0.10	-	0.8
Citronellol	9.22	25.45	31.4	4.3
Nerol	4.36	9.95	12.3	0.1
Geraniol	17.6	21.44	26.4	0.8
Eugenol	0.74	0.91	-	0.18
Methyleugenol	0.56	1.36	1.7	0.013
Heptadecane C17	1.07	2.22	2.7	-
Nonadecane C19	8.10	14.64	18.0	-
Heneicosane C21	6.31	5.00	6.2	-
Tricosane C23	5.90	0.84	-	-
Pentacosane C25	2.86	0.20	-	-
Rose furan	<0.2	<0.2	-	0.003
β -damascenone	<0.2	<0.2	-	70.0
β -ionone	<0.1	<0.1	-	19.2

Complexity of properties

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Heptadecane C17	1.07	2.22	2.7	-
Nonadecane C19	8.10	14.64	18.0	-
Heneicosane C21	6.31	5.00	6.2	-
Tricosane C23	5.90	0.84	-	-
Pentacosane C25	2.86	0.20	-	-
Rose furan	<0.2	<0.2	-	0.003
β -damascenone	<0.2	<0.2	-	70.0
β -ionone	<0.1	<0.1	-	19.2

Complexity of properties

The mystery of mute flowers



Complexity of biological properties

How to measure antimicrobial activity ? By assaying the **MIC** : Minimum Inhibitory Concentration, in $\mu\text{g}/\text{mL}$, the lowest concentration of a substance that inhibits the growth of a strain of bacteria *in vitro*.

Complexity of biological properties

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Case of *Perilla frutescens* essential oil

Assayed for antimicrobial activity against *Staphylococcus aureus*

Nabeta, K.; Oda, T.; Fujimura, T.; Sugisawa, H. *Agric. Biol. Chem.* **1985**, 49, 276.

	EO
MIC <i>S. aureus</i> ($\mu\text{g}/\text{ml}$)	125

Complexity of biological properties

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Nabeta, K.; Oda, T.; Fujimura, T.; Sugisawa, H. *Agric. Biol. Chem.* **1985**, 49, 276.

	EO	perillaldehyde	limonene	β -caryophyllene	linalool	benzaldehyde	β -pinene	peillyt alcohol	isoeugenol	α -caryophyllene	Total
MIC <i>S. aureus</i> ($\mu\text{g/ml}$)	125	1000	125	>1000	>1000	>1000	125	1000	500	>1000	N.A.

Complexity of biological properties

How to measure antimicrobial activity ? By assaying the **MIC** : Minimum Inhibitory Concentration, in $\mu\text{g/mL}$, the lowest concentration of a substance that inhibits the growth of a strain of bacteria *in vitro*.



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	EO	perillaldehyde	limonene	β -caryophyllene	linalool	benzaldehyde	β -pinene	peillyt alcohol	isoeugenol	α -caryophyllene	Total
MIC <i>S. aureus</i> ($\mu\text{g/ml}$)	125	1000	125	>1000	>1000	>1000	125	1000	500	>1000	N.A.
Ratio	N.A.	74	12.8	3.8	2.6	1.6	0.6	0.26	0.25	0.13	96.04

Complexity of biological properties

How to measure antimicrobial activity ? By assaying the **MIC** : Minimum Inhibitory Concentration, in $\mu\text{g/mL}$, the lowest concentration of a substance that inhibits the growth of a strain of bacteria *in vitro*.



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	EO	perillaldehyde	limonene	β -caryophyllene	linalool	benzaldehyde	β -pinene	peillyt alcohol	isoeugenol	α -caryophyllene	Total
MIC <i>S. aureus</i> ($\mu\text{g/ml}$)	125	1000	125	>1000	>1000	>1000	125	1000	500	>1000	N.A.
Ratio	N.A.	74	12.8	3.8	2.6	1.6	0.6	0.26	0.25	0.13	96.04
Composite MIC	760.6	740	16	-	-	-	0.75	2.6	1.25	-	

It does not make sense to recalculate a composite MIC by linear combination of individual MIC weighted by their ratios.

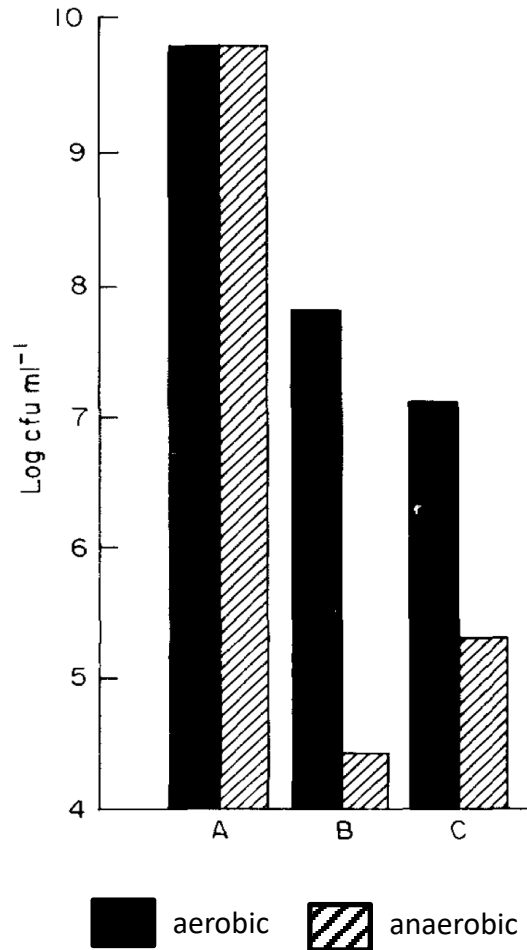
The whole substance is more active = **synergistic effect**

Complexity of biological properties



Case of *Thymus* sp. essential oil

Assayed for antibacterial activity
against *Salmonella enterica* T.



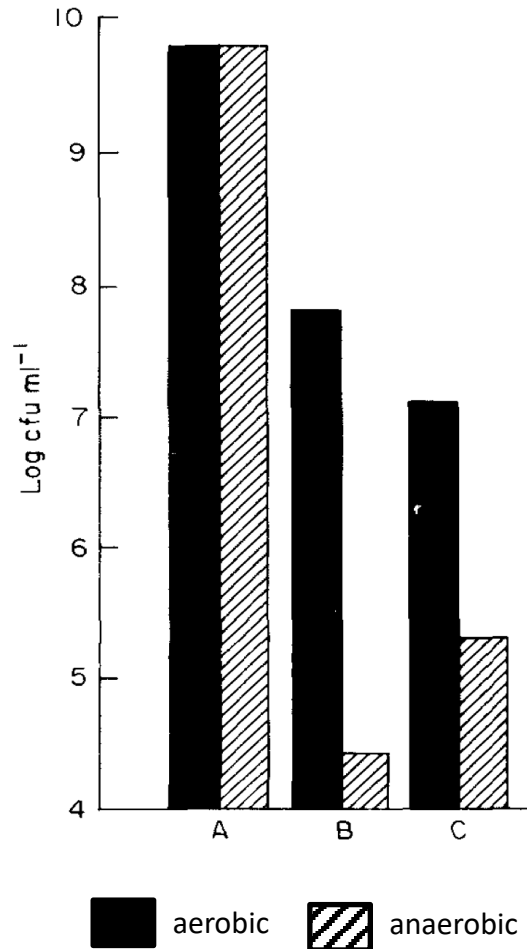
A: negative control (without substance)

Complexity of biological properties



Case of *Thymus* sp. essential oil

Assayed for antibacterial activity against *Salmonella enterica* T.



A: negative control (without substance)

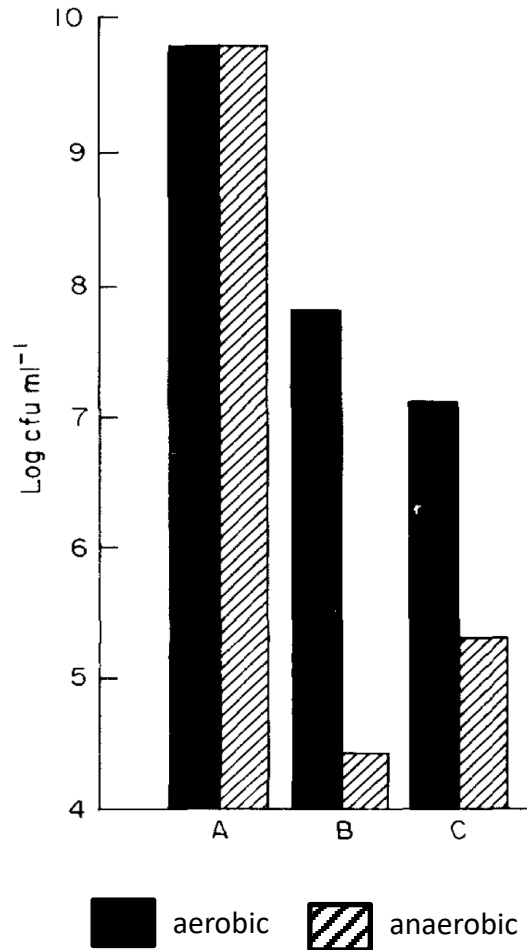
B: thyme EO (350 µg/ml)

Complexity of biological properties



Case of *Thymus* sp. essential oil

Assayed for antibacterial activity against *Salmonella enterica* T.



A: negative control (without substance)

B: thyme EO (350 $\mu\text{g/ml}$)

C: thymol (140 $\mu\text{g/ml}$)

41%

The whole substance is less active = **antagonist effect**

Complexity of biological properties

Other examples of combination of individual compounds of EO and their activities.

Pair combinations	Organism	Methods	Interaction	References	
Thymol/carvacrol	<i>Staphylococcus Aureus</i> ,	Half dilution	Additive	Lambert <i>et al.</i> [23]	
	<i>Pseudomonas. Aeruginosa</i>				
	<i>Escherichia Coli</i>	Checkerboard	Synergism	Pei <i>et al.</i> [54]	
	<i>S. aureus, Bacillus. cereus</i> ,	Checkerboard	Antagonism	Gallucci <i>et al.</i> [55]	
	<i>E coli</i>				
	<i>S. aureus, P. aeruginosa</i>	Mixture	Additive	Lambert <i>et al.</i> [23]	
Thymol/eugenol	<i>E. coli</i>	Checkerboard	Synergism	Pei <i>et al.</i> [54]	
	Carvacrol/eugenol	<i>E. coli</i>	Checkerboard	Synergism	Pei <i>et al.</i> [54]
		<i>S. aureus, B. cereus</i> ,	Checkerboard	Antagonism	Gallucci <i>et al.</i> [55]
	<i>E coli</i>				
Carvacrol/myrcene	<i>S. aureus, B. cereus, E coli</i>	Checkerboard	Antagonism	Gallucci <i>et al.</i> [55]	
Carvacrol/Cymene	<i>B. cereus</i>	Mixture	Synergism	Ultee <i>et al.</i> [58]	
Carvacrol/linalool	<i>Listeria monocytogenes</i> ,	Checkerboard	Synergism	Bassole <i>et al.</i> [30]	
Eugenol/linalool	<i>Enterobacter aerogenes</i> ,				
Eugenol/menthol	<i>E. coli, P. aeruginosa</i>				
Menthol/Geraniol	<i>S. aureus, B. cereus</i>		Synergism	Gallucci <i>et al.</i> [55]	
Menthol/Thymol					
Cinnamaldehyde/	<i>E. coli</i>	Checkerboard	Additive	Pei <i>et al.</i> [54]	
Carvacrol	<i>S. typhinurium</i>	Mixture	Synergism	Zhou <i>et al.</i> [57]	
Cinnamaldehyde/	<i>E. coli</i>	Checkerboard	Synergism	Pei <i>et al.</i> [54]	
Thymol	<i>S. typhinurium</i>	Mixture	Synergism	Zhou <i>et al.</i> [57]	
Cinnamaldehyde/	<i>Staphylococcus sp.</i> ,	Mixture	Additive	Moleyar et Narasimham [59]	
Eugenol	<i>Micrococcus sp., Bacillus</i> <i>sp., and Enterobacter sp.</i>				

Summary

- Essential oils are **complex mixtures** of secondary metabolites with a high **chemical diversity**
- The chemical composition of a given essential oil is subjected to **natural variation**
- Essential oils have their own biological properties, dependant on the biological activity of their individual components but **not linearly correlated** to their activity and proportion
- Biological properties of essential oils should be assayed on essential oils of **known composition considered as a whole**